



## Hamadan University of Medical Sciences

National Program for the Development of Physical Activity of the Islamic Republic of Iran:

The two priorities of the National Physical Activity Development Program are:

1. Reducing the level of inactivity in society, reducing inequality in the country
2. Reducing the level of inactivity in populations such as women who are the least active.

This national program includes the following seven areas

Governance affairs,

Health system

Education system

Exercise system

Workplace

Urban system and communication

Seeking support and attracting resources.